

Mulyan

Public School

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Term 4, Week 2

Monday, 21st October 2019

Dear Parents/Carers,

Welcome back to Term 4. We began with an incredibly busy first week. Students were settling back into the routines of classrooms and the playground. Thank you, everyone for ensuring that excursions were being paid, notes returned and things were getting organised for our Stage 2 & 3 students to enjoy their overnight excursions next week. There always seems to be so much paperwork to get these things going but it is all worth it in the end.

Teachers were lucky enough to have a consultant who specialises in assessment spend two days with us last week. Ms Cornish lent her expertise to streamline our assessment processes and ensure that every teacher could get the most out of the results to support programming lessons for student learning. It was very busy with different groups working with Ms Cornish throughout Tuesday and Wednesday but well worthwhile.

Thanks to Mrs Cummings Miss Oliver and our G.As for setting up our amazing display at the Cowra Show. I hope that families got a chance to wander through the pavilion and check everything out. It is lovely to give students a chance to show off their amazing artwork at this kind of event.

Speaking of showing off, tomorrow is our annual Book Week Parade. The theme for this year is 'Reading is my super power' so I am so looking forward to seeing all of the ideas people come up with for costumes. I know that all of the teachers have been busily working on theirs. We hold our Parade at this time of year so that it coincides with our Scholastic Book Fair. That way, everyone gets to share the joy of reading and be a part of the parade. Please note the change of day for the Parade from our first note. This was due to the Book Fair people needing to change dates on us at the last minute. I hope it hasn't caused too much inconvenience to families.

Our next Kinder Orientation session will also be held this week. It is on Thursday. Please come along and enjoy the activities to help your child settle into big school.

Don't forget that next week, Stage 2 and 3 are out on their



excursions at the beginning of the week. If you require any extra information, please don't hesitate to ring the office so they can help you.

Finally, we are seeking feedback from parents to improve the way we do things here at Mulyan. There is a survey run by the Department of Education that can be accessed from this link <http://nsw.tellthemfromme.com/mulyan2019> or on Facebook and on our App. If you could take 5 minutes to complete the survey your feedback would be gratefully received. The link will be active until 25th October.

Enjoy your week!

Regards,

Catherine Briggs

What's on

OCTOBER

22nd	Book Character Parade
23rd	Closing date Schools Spec
24th	RDA Ice-cream fundraiser
25th	Closing date - Canberra Stage 1
28 - 29	Stage 2 - Lake Burrendong
28 - 30	Stage 3 - Sydney
30	P&C meeting

NOVEMBER

1st	Infants Assembly 1.45pm
7th	Infants to Canberra
8th	Primary assembly 12noon
12th	2020 Kinder Orientation
15th	Infants Assembly 1.45pm
	Spring Bounce (P&C Fair)
22nd	Schools Spec Excursion

Canteen News

Hi from the canteen ☺

We are asking for donations from our wonderful families to help the canteen and support our breakfast club.

Paper lunch bags

Aluminium foil

Long life milk

Margarine

Milo

Vegemite

Jam

Disposable cups

If you can donate any of the above items, it would be greatly appreciated.

Trish



UPCOMING EXCURSIONS

Schools Spectacular matinee

Years 3 - 6

Friday, 22nd November

Sydney Qudos Arena

Tickets \$35 each

Closes this Wednesday 23rd October

Stage 3 to Sydney

28th - 30th October

Leaving - 6.30am

Return - Approx 6.30pm

ALL medical and Mobile phone notes MUST be returned to school by NOW

Stage 2 to Lake Burrendong

28th - 29th October

Leaving - 8.30am

Returning—Approx 5pm

ALL school medical notes MUST be returned to school by NOW and students must be registered via the link below:

<https://sportandrecreation.nsw.gov.au/facilities/medicalandconsentform>

K - 2 to Canberra

7th November

Leaving - 7am

Returning - Approx 5pm

All payments, permission and medical notes MUST be returned by this Friday, 25th October

MULYAN SCHOOL APP



Most families have a mobile device so we hope you will download this Mulyan App giving you greater access to school information as it happens.

Make sure you go into the settings (cog) and tick only appropriate years for your students.

NOT JUST NOTES

There is a handy calendar in there to see what is coming up.

You can use the digital tabs form to fill in when your child is away.

Make a payment securely on line in the make a payment tab. (you only need name & date of birth) on the first page.

Just type Mulyan Public School in the app store and find our



badge.

New Parents Group Cowra

Best suited for: Parents of babies 0-12 months

Every Tuesday during school term!

- Come meet other new parents
- Share your experiences, moments and triumphs
- Guest speakers coming to discuss health, learning and what is recommended for you and your baby
- A place to come, get out of the house and relax

DATE: Starts Tuesday 15 Oct
TIME: 10am - 11:30am
AT: Family Connections Office,
Shop 6/119 Kendal St, Cowra
RSVP: To Kim Henry on
0418 115 383



Call LiveBetter on 1800 580 580 (Monday to Friday)
or visit livebetter.org.au



The simplest way

... to pack lunches for kindy kids.

Packing lunch boxes for the first time can be overwhelming. Here are our top tips for new kindy parents:



- Pack something from each of the 5 food groups plus water. Check out our [lunch box builder](#) for ideas.
- Keep foods fresh and safe by packing an ice brick or a frozen water bottle to keep lunch cool.
- Make sure your child can open the lunch box and containers.
- From day 1, make vegetables a habit in the lunch box.
- Remember it is 'OK to say NO' to unhealthy foods such as chips, chocolate and lollies.
- For recipes, snack ideas and lunch box examples visit healthylunchbox.com.au

healthylunchbox.com.au

Saturday 9 November 2019

2 pm

at St Raphael's Hall

Lachlan St, Cowra

cost \$10

Guest Speaker

Rebecca Barcham

Medical Sonographer

Endometriosis

Afternoon Tea

Hosted by Cowra Evening Branch of CWA