

Mulyan

Public School

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Term 3, Week 5

Monday 19th August 2019



Dear Parents/Carers,

The wellbeing of our students and staff is at the forefront of everything we do at Mulyan Public School. We do our best to teach our students how to care for themselves and others physically and emotionally through our programs and modelling from our own practices. One thing we have noticed is that our students are often struggling with friendships. How to manage conflict between friends and how to combat bullying if it should occur, can be difficult. For this reason, last week, Mrs Murray and Mrs Moore (Jay) hosted a workshop for students in Years 3 and 4 to help them practise building strong friendships and looking after each other, should bullying occur. To continue the theme, this week we are lucky enough to have the Police Liaison Officer coming to visit us to run personal safety workshops for our students in Years 1 & 2. She will also run a workshop for Years 5 & 6 on Cyber Safety and how to behave online. These are issues that impact on our everyday life and parents were welcome to join the talks and follow up the conversations with their children when they get home. Your child's wellbeing is important to all of us.

I would like to offer congratulations to our netball and touch football teams who played last week. Their team play and sportsmanship make us all proud. The efforts of our Infants students also made us very proud as they ran the Cross Country track around the school grounds. Cross Country is a big effort and they all gave it their best. District Athletics will be held in Grenfell this Friday and we wish all students competing the best of luck in their events.

Don't forget the Movie Night on Wednesday for students in Years 3-6. It is always a fun night with a chance to spend some time with friends. There is

also a dance workshop being held in Lithgow for our Aboriginal dancers which should prove to be a wonderful opportunity to learn about dance, culture and to make new friends.

Enjoy your week!

Regards,

Catherine Briggs

What's on

AUGUST

19th	Cyber Safety- Stage 3
21st	Movie Night Yr 3 - 6
23rd	District Athletics
	Infants Assembly 2pm
28th	Footy Fan Day
29th	2nd Kinder Orientation Day
29th	Fathers Day Stall
30th	Primary Assembly 12 noon

SEPTEMBER

4th	Infants Athletics Carnival
6th	Infants Pet Ownership Day
	Infants Assembly 2pm
9th	Premier's Spelling Bee - Blayney
13th	Western Region Athletics
13th	Primary Assembly 12 noon
20th	Infants Assembly 2pm
27th	Last Day of Term 3

Uniform - A reminder that Western Representative shirts, shorts and jumpers are **only** to be worn at school on a **Friday**. If representing the school in a Sports Team, School Sports uniform or Team uniform is to be worn.

Stage 3 Excursion Numbers are now closed. We have reached the limit. A waiting list will be kept if a position on the excursion becomes available for your child if you've missed out.

Please continue to pay instalments. Final payment due October 17th.

Peer Support We have now had 2 Peer Support sessions. Students have been grouped Kinder - Yr 5 with Year 6 leaders assigned to each group. We meet on a Thursday afternoon. This term we are discussing Resilience - What does it mean, what does it look like?

Last week we, decided as a group after discussing a variety of scenarios, whether we would "Bounce" or "Splat"

Bounce Back - be resilient, find an alternative solution to a problem and move on or choose to go "Splat" like an egg thrown on the ground.

Loving our Peer Support groups, how well our students work collaboratively together and are considerate and respectful of each other.

Cyber Bullying Keep Them Safe Today we had a visit from Police School Liaison Officer Rachael Joyce from The Chifley Police District. She presented a Keep Them Safe unit to Stage 1 and then discussed Safe Internet Use and Cyber Bullying prevention and strategies with Stage 3

We are very grateful to Senior Constable Rachael Joyce for taking the time to visit Mulyan Public School.

CANTEEN NEWS

Popcorn Chicken Meal Deal

\$5

Includes Juice Popper

Apple, Orange, Apple Blackcurrant

Lunchtime only

**Order via Flexi App or normal
lunch bag order**

**Please note, to avoid
disappointment, lunch orders MUST
be at the canteen by 10.30am**

