

# Mulyan

Public School

Term 3 Week 9

Monday 12th September 2022

[Make a Payment](#)



***Week 9 Focus: We actively listen and follow instructions.***

## FROM OUR ASSISTANT PRINCIPAL

Welcome to Week 9! This week has been a sad time for the world with the passing of **Her Majesty Queen Elizabeth II**. You will notice that during this time we are following flag flying protocols as advised to us by the Australian Government and also to show our respect and admiration for almost 71 years of service. This means that the Australian flag will be flown at half mast until the day after the funeral. It is also protocol that when flags are flown together, if one is at half-mast then all flags must be at half mast. Therefore our Aboriginal flag will also been flown at half-mast alongside the Australian flag. Usually flags flown at half mast must be taken down before sunset, but we have been told that during this time of mourning for the Queen it is acceptable to fly them at half-mast overnight.

As you are probably aware, Prime Minister Albanese has also announced a **public holiday** for next week Thursday 22nd September.

During the past 2 weeks Year 6 have completed **online check in assessments**. These are short

assessments for reading, writing and numeracy and will become a regular part of our student tracking and monitoring each year. These results are just for school data and do not get sent home to parents, but if you wish to discuss any of your child's learning please be sure to book your **parent teacher interview** for tomorrow night. These can be made via the parent Sentral portal. Stage 2 (Years 3 and 4) held parent interviews last week and we thank all those parents who came in to discuss their child's education. It makes a huge difference to learning when education is valued and encouraged at home.

Last week, 9 of our staff members attended a **synthetics phonics professional learning** course. Synthetic phonics is an early approach to teaching reading by teaching students the alphabetic code that is needed to spell and decode words. This approach is used in all classrooms and the professional learning was very valuable for staff to refresh our knowledge of an effective phonics lesson.

(Continued over page)

Last week was also **SASS Appreciation Week!** We have the most amazing School Administration and Support Staff and we were so proud to celebrate and thank them during the week with special morning teas, awards and gifts. Our SASS staff are:

**School Admin Manager:** Mrs. Rhonda Amos

**School Admin Officers:** Mrs Jo Densmore  
Mrs. Gabbi Lynch, Miss Anita Barrett.

**Aboriginal Community Liaison Officer:**  
Mr. Lew Beale

**School Learning Support Officers:** Mrs. Kim Dedonker, Mrs. Ashlea Overman, Miss. Michaela Jeffries, Mr. Tyler Nobes, Mrs. Simone Thornett, Mrs. Jo Eldridge, Ms. Danielle Pasqua, Mr. Jared Burns and Ms. Chloe Fricker.

**Canteen Manager:** Ms. Trish Jenkins

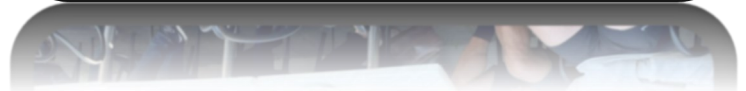
**General Assistants:** Mr. Paul Sproule and Mr. Wayne Lynch

Our school is very lucky to have all of these amazing humans who put so much time and effort into our staff and students every single day! **THANKYOU!**

This Thursday 15th September is **Wear Red Day** in support of Ronald McDonald House. All staff and students are encouraged wear red and bring a gold coin donation.

Mrs. Jane Jeffries

Assistant Principal



**Our AMAZING SASS Staff!**

**INFANTS AWARDEES - WEEK 7**

<b>MERIT AWARD</b>	<b>GOLD BOOK AWARD</b>	Charlotte Boyce
Lincon Murisho	River Knights	Piper-jade Kinney
Zoe Wilson	Alyssa Scholfield	
Tahlee O'Hanlon	Zahra Horsfall	
Madi McGuiness	Cartar Filli	<b>SILVER AWARDS</b>
Brodie Robbins	Hudson Holmes	Kesaia Aditagane
Beau Ovington	Korbin Brydon	Emily Willson
Amelia Horne	Benji Chamberlain	Charlie-Rose Noden
Darcy Steward		Amelia Raju
Eliza Brett	<b>BRONZE AWARDS</b>	Eliza Brett
Amelia Raju	Maddox Bright	Hayley Walls
Jeremiah Wickey	Lexi Mills	Tyler Carter
Kenzie Roberts-Byrnes	Carter Filli	Rhiannon Williams
Zayden King-Merritt	Lue Boon Caculitan	
Mia Newham	Samuel McDonald	
Conor Cremona	Aneia Bronish	

**PRIMARY AWARDEES - WEEK 8**

<b>MERIT AWARD</b>	<b>MERIT AWARD CONT.</b>	<b>BRONZE AWARDS</b>	<b>SILVER AWARDS</b>
Harley Banks	Sasha Daws	Chase McNamee	Matthew Walls
Rhyn Torok	Ruby Russell	Liam Reid	Sebastian Walls
Mason Boyce	Elka Southwell	Joseph Ballard	Zarah Williams
Hunter Taylor	Leo Frazer	Ace Sellenthin	Millie Taylor
Beau Smith	Jayden Simpson	Geo Caculitan	
Chase McNamee		Brodey Fuller	<b>MARVELLOUS MULLIGRUBBER</b>
Jaxon Foley	<b>PRINCIPAL'S AWARD</b>	Hamish Flint	Lucas Bryant
Michaela Williams	Madeleine Howarth	Mason Boyce	
Chloe Boyce	Gro Caculitan	Hugh Southwell	
Keagan Hyland		Jack Mullins	



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# AUGUST STAR OF THE MONTH



## Eva Steward



Eva Steward is in every way a SUPER STAR! Every day at Mulyan Public School, Eva brings an effervescent attitude and a bright, shining smile. She is ready to learn and enthused about learning new information.

Eva enjoys a challenge in class. Academically, Eva aims high in all areas. She is a thinker who always tackles any question with determination. Eva has amazing book work, taking pride in all tasks. Eva wants to learn and turns up ready to be a star in the 2G room every day.

*Congratulations Eva*



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# August Young Achiever

Lachlan Minehan



Lachlan is a trustworthy member of the Mulyan Public School Community and exuberates the school values of Respect, Responsibility and Resilience.

He wears his school uniform with pride and tries his best in everything that he does. Lachlan excels academically and has particular interests in mathematics and general knowledge and facts.

Lachlan is a reliable member of our class who can be counted on to complete any task given to him within a set time period, demonstrating a can-do attitude and ability to work independently.

He is also a team player who goes out of his way to help classmates in any way that he can. Lachlan possess great leadership skills that he employs well in group situations to facilitate projects and encourage his peers to work together cooperatively.

He has a vast knowledge on various topics which he loves to share his peers and encourages them to have the same enthusiasm toward learning that he does. I have no doubt that Lachlan will achieve anything that he puts his mind to and has a great future ahead. Maybe even Prime Minister one day?



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# September Young Achiever

## Hamish Flint



Hamish is an absolute delight to teach! Each lesson he brings with him a cheerful smile, enthusiasm towards learning, exemplary work habits, a responsible and positive attitude, a kind and friendly nature and a cheeky sense of humour which constantly brightens our classroom.

Hamish is a mature, polite, reliable, respectful, thoughtful, independent, diligent and interested student. He completes all his work in dedicated and conscientious manner. He is highly organised and exceptionally neat, taking pride in all that he does.

Hamish's passion for learning is fabulous! He is like a sponge, soaking up every little fact that is dangled in front of him. He contributes very well to class discussions, makes connections, thinks outside the square and applies his learning to new situations.

# GREAT LUNCH BOX IDEAS

Sadly we have seen an increase in pre packaged unhealthy foods creeping into students lunch boxes. Below are some fabulous healthy ideas for you to try!



<b>Protein</b>	Turkey Peanut Butter	Tuna Ham	Boiled Egg Grilled Chicken
<b>Grains</b>	Bread Pretzels Tostito Chips w/ Cheese	Pita Bread Crackers Chips w/ Guacamole	Tortillas Goldfish Granola
<b>Dairy</b>	Yogurt	Milk	Cheese
<b>Fruit</b>	Apples Banana Blueberries Kiwi	Oranges Grapes Applesauce Mixed Fruit	Mandarin Oranges Strawberries Pineapple Watermelon
<b>Veggies</b>	Carrots Celery Cucumbers	Bell Peppers Salsa Broccoli	Avocado Salad Greens Cauliflower
<b>Dip</b>	Ranch	Hummus	Cream cheese

PB & J Sandwiches

Egg Salad Sandwich

Turkey or Ham Sandwich

PB & Banana Sandwich

Grilled Chicken/ Salad/ Avocado Slices

Pita & Hummus

Mini Pizzas

Turkey Pita Cheese Sandwich

Turkey/ Cheese/ Crackers

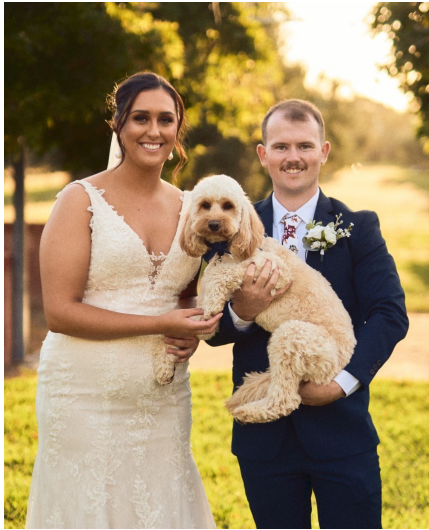
Turkey Rollups

Ham Salad Sandwich

Tuna Salad







# GETTING YOU < >TO KNOW YOU

Mrs Dunk  
Teacher  
Kinder Buuri

Do you have any pets?  
*Two cheeky spoodles, Kingston and Ryder*

Favourite Food?

*Pasta*

Favourite Song?

*Hold My Girl by George Ezra*

What month is your birthday?

*September*

Favourite Colour?

*Pink*

Best ways to relax or pamper yourself?

*Netflix and a block of chocolate*

Favourite holiday destination?

*Kiama or Bali*

Favourite Sport?

*Netball*

Favourite TV Show?

*Kath & Kim*

Favourite Movie?

*Bridesmaids*

Something people don't now about you?

*I have taught and lived in 3 different states. Brisbane 1st, Canberra 2nd, now Cowra!*

Favourite Quote?

*Leave a little sparkle wherever you go!*

Most influential person and why?

*My Mum, Mrs Baratto. I remember when I was in school and my friends would always tell me what a great teacher she is. She has definitely set the bar high for me!*



## UPCOMING EVENTS/ IMPORTANT DATES

Monday 12th September	Newsletter Day
Tuesday 13th September	Parent Teacher Interviews - Book via Sentral
	Kinder Orientation 9.30 - 10.30am
	Year 6 Transition CHS - Parents to pick up CHS
Wednesday 14th September	Parent Teacher Interviews
Thursday 15th September	Red Mufti - RMH Redtember fundraiser
Friday 16th September	Stage 2 Interschool Sport Challenge CPS
	Western Region Athletics Carnival
Tuesday 20th September	Kinder Orientation 9.30 - 10.30am
Thursday 22nd September	Public Holiday - Queen's Memorial Service
Friday 23rd September	Stage 2 Interschool Sport Challenge CPS
	Last Day of Term 3
Monday 10th October	Students return - NO PUPIL FREE!

### Redtember September 2022

Students are asked to wear red Mufti on Thursday 15<sup>th</sup>, September and make a gold coin donation to Ronald McDonald House Charities Central West NSW. Many Cowra families have used this vital service and we want to show our support.

**All funds raised stay in the Central West to support rural and regional families.**

Walking hand in hand with families with sick kids when they need it most. Giving families with sick kids the gift of togetherness.





**YOU COULD PLAY FOR FREE!**  
Claim your Active Kids voucher today



# JOIN WITH FRIENDS PLAY TOGETHER

**Join Woolworths Cricket Blast**  
A safe way to have fun and stay active for kids of all abilities.

**JOIN YOUR NEAREST CLUB**

Q Play Cricket

**OFFICIAL KIDS  
PROGRAM**



Q Play Cricket

**OFFICIAL KIDS  
PROGRAM**



# LEARN BALL SKILLS

- ♦ Easy to join, fun to play
- ♦ Inclusive program for all abilities
- ♦ Outdoors non-contact



## JUNIOR BLASTERS

**AGES 5-7 | 60 MINS | 6+ WEEKS**

- Learn ball skills, including catching, throwing and teamwork, through fun game-based activities.
- Sign up now for your Junior Blasters Kit featuring a personalised shirt and bat, plus a ball and bucket hat!



**JUNIOR BLASTERS KIT**

## MASTER BLASTERS

**AGES 7-10 | 90 MINS | 6+ WEEKS**

- Everyone gets a chance to bat, bowl and field in short, modified games of cricket.
- For girls with basic cricket skills.
- Sign up now for your Master Blasters Kit featuring a cap and sunglasses!



**MASTER BLASTERS KIT**

## HOW TO PLAY FOR FREE!

Every NSW school student (K-12) is entitled to 2x \$100 Active Kids vouchers each year. Learn more at [service.nsw.gov.au/campaign/active-kids](http://service.nsw.gov.au/campaign/active-kids)

## JOIN YOUR NEAREST CLUB

**Grenfell Cricket Club**  
Junior Blasters  
Stage 2

Register today for:  
Master Blasters (Stage 1)  
Stage 3



## Mixed Media Art

*Join us for a fun session as we create an artwork featuring different materials*

**Where:** At the LiveBetter Offices at Shop 6/119 Kendal St, Cowra  
**When:** Wednesday, September 28th  
**Time:** 10-11am  
**Who:** All school aged children are welcome. Children must be accompanied by a parent or carer.  
**Bookings essential:** Please call or text Lauren on 0428 610 747

*This is a free session. Hope to see you there!*












**liveBetter**


















## Too sick for school?



Generally if your child feels unwell, keep them home from school and consult your doctor. This chart and the information it contains is not intended to take the place of a consultation with your doctor.

<b>Bronchitis</b>	Symptoms are coughing, a runny nose, sore throat and mild fever. The cough is often dry at first, becoming moist after a couple of days. There may be a slight wheeze and shortness of breath. A higher fever (typically above 39°C) may indicate pneumonia.	 ... until they are feeling better. Antibiotics may be needed.
<b>Chickenpox</b> (Varicella)	Slight fever, runny nose, and a rash that begins as raised pink spots that blister and scab.	 ... for 5 days from the onset of the rash and the blisters have dried.
<b>Conjunctivitis</b>	The eye feels 'scratchy', is red and may water. Lids may stick together on waking.	 ... while there is discharge from the eye unless a doctor has diagnosed a non-infectious cause.
<b>Diarrhoea</b> (no organism identified)	Two or more consecutive bowel motions that are looser and more frequent than normal and possibly stomach cramps.	 ... for at least 24 hours after diarrhoea stops.
<b>Fever</b>	A temperature of 38.5°C or more in older infants and children.	 ... until temperature is normal.
<b>Gastroenteritis</b>	A combination of frequent loose or watery stools (diarrhoea), vomiting, fever, stomach cramps, headaches.	 ... for at least 24 hours after diarrhoea and/or vomiting stops.
<b>German measles</b> (Rubella)	Often mild or no symptoms: mild fever, runny nose, swollen nodes, pink blotchy rash that lasts a short time.	 ... for at least 4 days after the rash appears.
<b>Glandular Fever</b> (Mononucleosis, EBV infection)	Symptoms include fever, headache, sore throat, tiredness, swollen nodes.	 ... unless they're feeling unwell.
<b>Hand, Foot and Mouth Disease</b> (HFMD)	Generally a mild illness caused by a virus, perhaps with a fever, blisters around the mouth, on the hands and feet, and perhaps the nappy area in babies.	 ... until all blisters have dried.
<b>Hayfever</b> (Allergic rhinitis) caused by allergy to pollen (from grasses, flowers and trees), dust mites, animal fur or hair, mould spores, cigarette smoke	Sneezing, a blocked or runny nose (rhinitis), itchy eyes, nose and throat, headaches.	 ... unless they feel unwell or are taking a medication which makes them sleepy.
<b>Head lice or nits*</b> (Pediculosis)	Itchy scalp, white specks stuck near the base of the hairs; lice may be found on the scalp.	 ... while continuing to treat head lice each night. Tell the school.

<b>Hepatitis A</b>	Often none in young children; sudden onset of fever, loss of appetite, nausea, vomiting, jaundice (yellowing of skin and eyes), dark urine, pale stools.	 ... for 2 weeks after first symptoms (or 1 week after onset of jaundice). Contact your doctor before returning to school.
<b>Hepatitis B</b>	Often no symptoms in young children. When they do occur, they can include fever, loss of appetite, nausea, vomiting, jaundice (yellowing of skin and eyes), dark urine.	 ... if they have symptoms. Contact your doctor before returning to school.  ... if they have a chronic infection (not the first outbreak) and no symptoms.
<b>Impetigo</b> (School sores)	Small red spots change into blisters that fill up with pus and become crusted; usually on the face, hands or scalp.	 ... until antibiotic treatment starts. Sores should be covered with watertight dressings.
<b>Influenza</b>	Sudden onset fever, runny nose, sore throat, cough, muscle aches and headaches.	 ... until well.
<b>Measles</b>	Fever, tiredness, runny nose, cough and sore red eyes for a few days followed by a red blotchy rash that starts on the face and spreads down the body and lasts 4 to 7 days.	 ... for at least 4 days after the rash appears.
<b>Meningococcal Disease</b>	Sudden onset of fever and a combination of headache, neck, stiffness, nausea, vomiting, drowsiness or rash.	<b>Seek medical attention immediately.</b> Patient will need hospital treatment. Close contacts receive antibiotics.
<b>Molluscum Contagiosum</b>	Multiple small lumps (2–5mm) on the skin that are smooth, firm and round, with dimples in the middle. In children, occur mostly on the face, trunk, upper arms and legs. Symptoms can last 6 months to 2 years.	
<b>Mumps</b>	Fever, swollen and tender glands around the jaw.	 ... for 9 days after onset of swelling.
<b>Ringworm*</b> (tinea corporis)	Small scaly patch on the skin surrounded by a pink ring.	 ... for 24 hours after fungal treatment has begun.
<b>Runny nose or common cold</b>		 ... unless there are other symptoms such as fever, sore throat, cough, rash or headache. Check with school.
<b>Scabies*</b>	Itchy skin, worse at night. Worse around wrists, armpits, buttocks, groin and between fingers and toes.	 ... until 24 hours after treatment has begun.
<b>Shigella</b>	Diarrhoea (which may contain blood, mucus and pus), fever, stomach cramps, nausea and vomiting.	 ... until there has not been a loose bowel motion for 24 hours. Antibiotics may be needed.
<b>Slapped Cheek Syndrome</b> (Parvovirus B19 infection, fifth disease, erythema infectiosum)	Mild fever, red cheeks, itchy lace-like rash, and possibly cough, sore throat or runny nose.	 ... as it is most infectious before the rash appears.
<b>Whooping Cough</b> (Pertussis)	Starts with a running nose, followed by persistent cough that comes in bouts. Bouts maybe followed by vomiting and a whooping sound as the child gasps for air.	 ... until the first 5 days of an antibiotic course has been completed. Unimmunised siblings may need to stay home too until treated with an antibiotic.
<b>Worms</b> (Threadworms, pinworms)	The main sign of threadworms is an itchy bottom. Sometimes children feel 'out of sorts' and do not want to eat much. They may also have trouble sleeping, due to itching at night.	 ... and tell the school as other parents will need to know to check their kids.

\*It is important that the rest of the family is checked for head lice, scabies and ringworm



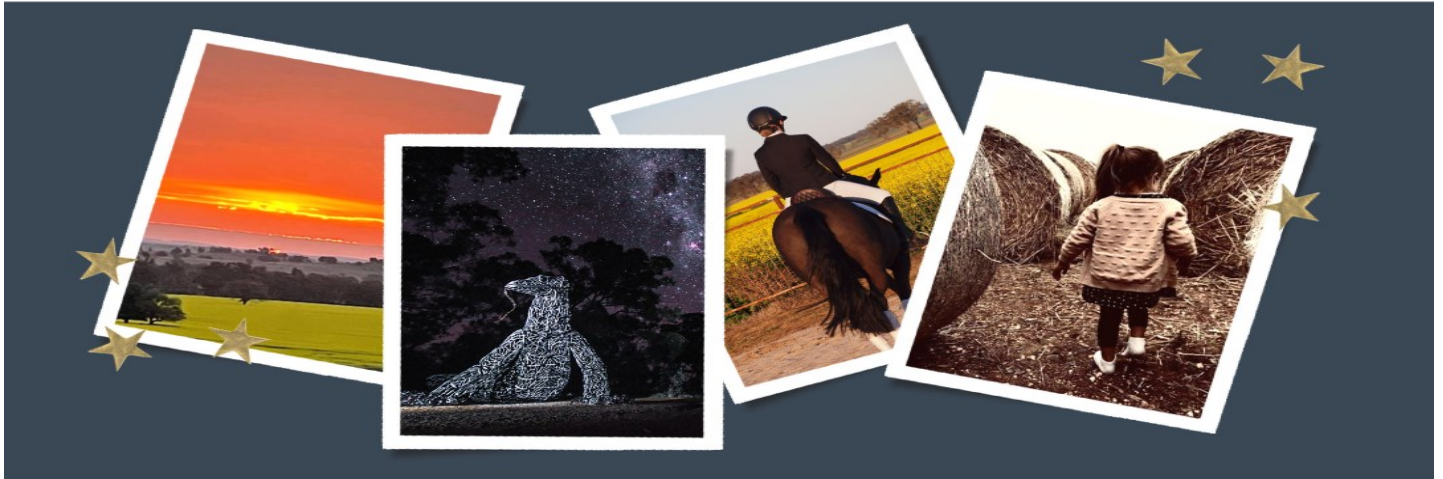
Information provided by NSW Health.

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## 2022 Central West is Best Photography Competition



## "Central West Unmasked"

[www.rdacentralwest.org.au](http://www.rdacentralwest.org.au)

*RDA Central West is calling for entries into the Central West is Best Photography Competition 2022.*

*This year's theme is 'Central West Unmasked.'*

*Entry is free and open to all ages and photographic abilities - as long as you live in the Central West.*

*There is a maximum of four entries per person, and entries close 5pm, Friday 30 September.*

*Full Terms & Conditions are listed on the website - [www.rdacentralwest.org.au](http://www.rdacentralwest.org.au)*

### CATEGORIES

Junior (under 18 years) & Open (over 18 years)

### PRIZES (PER CATEGORY)

First Place: Fujifilm Instax Mini 11 Camera plus \$300

Second Place: \$200

Special Mentions: Fujifilm Instax Mini 11 Photo Kit



Cowra Information & Neighbourhood Centre

The Obstacle Course is made up of a mix of inflatables including wedges, inflatable tyre run plus the feature attraction, Big Bopper which is 40m long! Along with this, there are walls, tunnels, commando nets and more!

This is a FREE community event!

Thursday 29th September 2022

@ Riverpark

Session 1 - 9am

Session 2 - 10am

Session 3 - 11am

Session 4 - 12pm

Session 5 - 1pm

Session 6 - 2pm

To book your free tickets, go to <https://www.trybooking.com/CCDRN>



For further information contact Jess at CINC on 63401100

# OBSTACOOOL



# Ochre Painting Story Telling & Dance Workshop



**10am - 12 noon, At CINC, 8 Stewart St**

**Thursday 6th of October, FREE event, ages 10+**

**Bookings essential - 02 6340 1100**





Cowra Information &  
Neighbourhood Centre

# Cowra Games Day

for school aged children



★ Join us for a morning of fun and games ★

Wednesday 28th September 2022

10am - 12pm

CINC, 5 Vaux Street, Cowra

Bookings essential.

To book, phone CINC reception on 6340 1100





**SIGN UP  
TODAY**

**JOIN YOUR LOCAL CLUB**

**🔍 [play.cricket.com.au](https://play.cricket.com.au)**



Free family  
fun at the  
Parliament  
of NSW

Friday  
7 October  
10am to 3pm

FREE  
ENTRY



#### Cartooning workshop

Draw people and objects with the award-winning  
illustrator and cartoonist Eric Lobbecke.  
Every half hour from 11:00am, finishing at 2:00pm

#### Vote for me!

Learn how to vote with the NSW Electoral Commission.  
Every half hour from 10:00am

#### Mock Committee Hearing

Have your say as a participant in our committee hearings.  
Every half hour from 10:00am

AUSLAN  
interpreters  
available

\$4  
Democracy  
Sausage

The  
Public Café  
open

Visit us at Australia's oldest Parliament as it opens its doors for **Family Fun Day**, an open day packed with free, fun activities for children from 4 to 12 years and their families. In addition to the above, there will be many activities on offer for families to enjoy, including craft, tours of our historic chambers, roving musicians and more...! (You might even get to meet some very important people.)



BOOK NOW



#### BOOKINGS ESSENTIAL

P: (02) 9230 2047

E: [communityengagement@parliament.nsw.gov.au](mailto:communityengagement@parliament.nsw.gov.au)

#### WHERE

6 Macquarie Street, Sydney - opposite Martin Place

#### MORE INFORMATION

[www.parliament.nsw.gov.au/events](http://www.parliament.nsw.gov.au/events)



# PCYC COWRA OOSH SEPTEMBER 2022

MONDAY 26<sup>th</sup> September

EARLY BIRD \$55 NORMAL \$60

## TALENT QUEST

Get ready to get funky and get your imaginative play into action as we explore other people's abilities and ideas. Form a group or give you own show solo. Plenty of other sports and games available!

TUESDAY 27<sup>th</sup> September

EARLY BIRD \$55 NORMAL \$60

## BIKE AND SCOOTER DAY

Let's go riding and scootering all around the school! Bring your favourite piece of equipment make sure to bring all your safety gear as well. We will have plenty of time to ride around the school safely!

WEDNESDAY 28<sup>th</sup> September

EARLY BIRD \$75 NORMAL \$80

## MAGIC MAYHEM WITH "ABSOLUTE TOM FOOLERY"

Make sure to be there by 9am. PCYC has teamed up with Fun Day Out Company where they are sending us a special guest to delight the children with a special blend of Magic & Circus laugh a minute show!

THURSDAY 29<sup>th</sup> September

EARLY BIRD \$60 NORMAL \$65

## KALEIDOSCOPE FACE PAINTING

Kaleidoscope Face Painting will be sharing her expertise and joining us for 3 hours to paint everyone's face! She will be painting from 10am - 1pm. Sports and inside activities will also be provided.

FRIDAY 30<sup>th</sup> September

EARLY BIRD \$60 NORMAL \$65

## GYMNASTICS AND PARKOUR

**ALL DAY** activity from Binni Creek Road PCYC 7am - 6pm. Get ready to dive, duck roll and all things team gym, basic gymnastics skills and being as agile as a ninja in a warrior course!

TUESDAY 4<sup>th</sup> October

EARLY BIRD \$65 NORMAL \$70

## FOODIES DAY

We are going to be enhancing our inner chef and putting on a lunch. Children will be able to make their own creation of hamburgers or chicken burgers and indulge on a milkshake after!

WEDNESDAY 5<sup>th</sup> October

EARLY BIRD \$55 NORMAL \$60

## WACKY WEDNESDAY

Come with your wildest clothes and wildest hairs and let's get ready to be **WACKY**. Get your funkiest style on so we can do a show on our coolest creations of ourselves.

THURSDAY 6<sup>th</sup> October

EARLY BIRD \$62 NORMAL \$67

## TIE DYE DAY

Make sure to bring your own **WHITE COTTON** shirt so we can tie dye our clothes with some super cool colours. Don't forget to put it in a plastic bag with your name on it so we don't lose your cool creation!

FRIDAY 7<sup>th</sup> October

EARLY BIRD \$60 NORMAL \$65

## MEGA SPORTS EXTRAVAGANZA

Let's all meet at Young Road PCYC from 7am for an **ALL DAY ACTIVITY until 6pm**. From Laser Tag, Bubble Soccer, Basketball, Dodgeball, futsal, floor hockey and MUCH MUCH MORE.

Book by Friday 9<sup>th</sup> September to access the Early Bird Price

[cowracc@pcycnsw.org.au](mailto:cowracc@pcycnsw.org.au)

PLEASE BOOK USING XPLOR

0491 053 180





# SPRING HOLIDAY TENNIS CLINIC

Cowra Tennis Club

9am-12.00pm    Ages 4-12

Thursday 29<sup>th</sup> September and Friday 30<sup>th</sup> September

Cost \$40 per day

Caters for all standards

Racquets are available to borrow or purchase

Daily lucky dip prizes including giant autograph tennis balls, key rings, drink bottles, activity books, t-shirts and loads of other cool prizes

Registrations essential

Helen Garratt 0407139164 or hgarratt3@gmail.com